



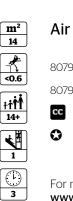




Powered by

Fitness • Plus





Air Walker

-		
_	8079024	Black/Lime Green
ך ר	8079029	Titanium Grey/Lime Green
-	СС	Cast In Place
]	0	4.15 x 4.40
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For more details please visit our website: www.hags.com

Helps to tone the calf and thigh muscles and improve general cardiovascular fitness, balance and co-ordination.

Swing your legs back and forth whilst keeping your abs tight and maintaining a neutral spine. Gradually increase the speed and intensity to make the exercise more challenging.



## **Fitness Values**













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Air Walker			
Age Range	14+		
Users	1		
Assembly Time (hrs)	3		
Length (m)	1.15		
Width (m)	0.50		
Height (m)	1.45		
Net Weight (kg)	150		
Fall Height (m)	<0.6		
Movement Space L (m)	4.15		
Movement Space W (m)	4.40		
Area of movement (m <sup>2</sup> )	14		

## **Technical Specification**

Product designed and certified to EN 16630. Structural steel tubes fabricated to form a fully welded framework.

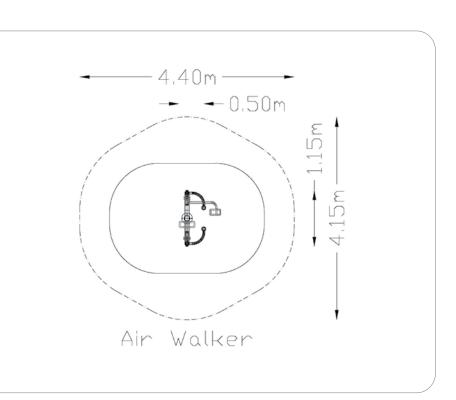
Sealed for life bearings, Internal motion controlling buffer stops and Aluminium foot plates.

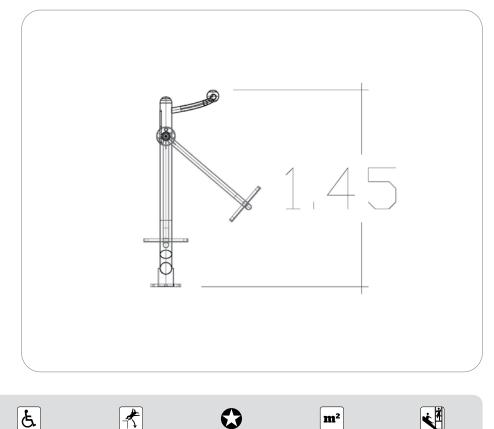
All steel parts are finished with 'HAGS Coat' antimicrobial powder coating system, as standard. Generally, bolts are special stainless steel tamper resisting button heads.

††††

Recommended age

Assembly time





57

Space needed

m²

Area of movement

EN 16630

No. of

Users

Accessible

Free height of fall

EN 16630